

TK – 6 Model Learning Schedule



Time	Activity	Resources
8:00	Good Morning!	Get dressed, eat breakfast, brush your teeth, make bed, do morning chores.
9:00 15-20 min. blocks of time	Learning Time! English / Spanish DI Math Science Social Studies	<p>For an extensive list of resources go to www.OrlandUSD.net scroll down to Announcements and click on Education Resources for Families.</p> <p>Here is an outside list of educational web sites: https://sites.google.com/eesd.net/60sites/home</p> <p>For Elementary specific resources go to: http://fairview.orlandusd.net/Students/Fairviews-Favorite-Websites/index.html</p> <p>https://sites.google.com/orlandusd.net/orland-unified-educational-tec/mill-street</p> <p>For Middle Grades specific resources go to: http://ckprice.orlandusd.net/ click on Voluntary Enrichment links</p> <p>For High School specific resources go to: https://docs.google.com/document/d/e/2PACX-1vSM6EjXK7i6r-Tju1jldJ4307OJaadF8k6WuNVBdMfwY7Uargscj0FhAz8tgnq_8zcMMM1cNOI4rU4u/pub Resources are available by content and teacher</p>
10:30	Exercise!	Go outside, but maintain social distancing! https://online.maryville.edu/online-doctorate-degrees/doctor-nursing-practice/ultimate-guide-to-exercise-for-children/
10:30 – 1:00 Mon - Wed	Lunch!	<p>Any child, 18 or under, will be given free meals. Children do not need to be present to receive meals.</p> <p>CK Price Intermediate, 1212 Marin Street, Orland, CA. 95963</p> <p>Breakfast & lunch will be served from 10:30 am to 1 pm Mon. - Wed.</p> <p>*Wednesday's "to go" bags will consist of 3 complete breakfasts and 3 complete lunches.</p> <p>For more information: https://www.schoolnutritionandfitness.com/index.php?sid=1519675798667</p>
1:00	Create!	Try something artistic. Draw, paint, sculpt, make music, sing, dance: express your creative side!
2:00	Read!	Read or have your parents read to you. Remember to mix up reading to include non-fiction as age appropriate.
3:00		<p>Have fun! Help out around the house; SAFELY - help elderly or at-risk neighbors; Family time. Get plenty of sleep.</p> <p>Remember the Rules:</p> <ul style="list-style-type: none"> ✚ Social distancing ✚ Cover your cough ✚ Don't touch your face ✚ Wash your hands often